

# Privacy Statement

*This privacy statement was last changed on April 1, 2026, last checked on April 1, 2026, and applies to citizens and legal permanent residents of the United States.*

## INTRO

### About This Statement

In this privacy statement, we explain what we do with the data we obtain about you via <https://helenabianchi.com>. We recommend you carefully read this statement. In our processing we comply with the requirements of privacy legislation. That means, among other things, that:

- we clearly state the purposes for which we process personal data. We do this by means of this privacy statement;
- we aim to limit our collection of personal data to only the personal data required for legitimate purposes;
- we first request your explicit consent to process your personal data in cases requiring your consent;
- we take appropriate security measures to protect your personal data and also require this from parties that process personal data on our behalf;
- we respect your right to access your personal data or have it corrected or deleted, at your request.

If you have any questions, or want to know exactly what data we keep of you, please contact us.

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## Purpose and categories of data

We may collect or receive personal information for a number of purposes connected with our business operations which may include the following: (click to expand)

### 1.1 TO SELL OR SHARE DATA WITH A THIRD PARTY

The following categories of data are collected

- A first and last name
- An email address
- A telephone number
- IP Address
- Internet activity information, including, but not limited to, browsing history, search history, and information regarding a consumer's interaction with an Internet Web site, application, or advertisement
- Professional or employment-related information
- Commercial information, including records of personal property, products or services purchased, obtained, or considered
- Geolocation data

Retention period

Upon termination of the service we retain this data for the following period: As long as necessary to provide marketing services or until the user opts out..

### 1.2 CONTACT - THROUGH PHONE, MAIL, EMAIL AND/OR WEBFORMS

The following categories of data are collected

- A first and last name
- An email address
- IP Address
- Internet activity information, including, but not limited to, browsing history, search history, and information regarding a consumer's interaction with an Internet Web site, application, or advertisement
- A telephone number
- Geolocation data

Retention period

Upon termination of the service we retain this data for the following period: 7 years.

### 1.3 NEWSLETTERS

The following categories of data are collected

- A first and last name
- An email address

Retention period

Upon termination of the service we retain this data for the following period: Until the user unsubscribes.

### 1.4 TO BE ABLE TO OFFER PERSONALIZED PRODUCTS AND SERVICES

The following categories of data are collected

- A first and last name
- An email address
- A telephone number
- IP Address
- Internet activity information, including, but not limited to, browsing history, search history, and information regarding a consumer's interaction with an Internet Web site, application, or advertisement
- Professional or employment-related information

- Commercial information, including records of personal property, products or services purchased, obtained, or considered
- Geolocation data

Retention period

Upon termination of the service we retain this data for the following period: As long as necessary to provide marketing services or until the user opts out..

#### **1.5 COMPILING AND ANALYZING STATISTICS FOR WEBSITE IMPROVEMENT.**

The following categories of data are collected

- IP Address
- Internet activity information, including, but not limited to, browsing history, search history, and information regarding a consumer's interaction with an Internet Web site, application, or advertisement
- Geolocation data

Retention period

Upon termination of the service we retain this data for the following period: 26 months.

#### **1.6 TO BE ABLE TO COMPLY WITH LEGAL OBLIGATIONS**

The following categories of data are collected

- IP Address
- Internet activity information, including, but not limited to, browsing history, search history, and information regarding a consumer's interaction with an Internet Web site, application, or advertisement
- Geolocation data
- A first and last name
- An email address
- A telephone number

Retention period

Upon termination of the service we retain this data for the following period: 7 years.

#### **1.7 TO SUPPORT SERVICES OR PRODUCTS THAT A CUSTOMER WANTS TO BUY OR HAS PURCHASED**

The following categories of data are collected

- A first and last name
- An email address
- Professional or employment-related information
- Commercial information, including records of personal property, products or services purchased, obtained, or considered
- A telephone number
- IP Address
- Internet activity information, including, but not limited to, browsing history, search history, and information regarding a consumer's interaction with an Internet Web site, application, or advertisement
- Geolocation data

Retention period

Upon termination of the service we retain this data for the following period: 7 years.

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## Sharing with other parties

We only share or disclose this data to other recipients for the following purposes:

**Purpose of the data transfer:** Marketing/Lead Generation

**Country or state in which this service provider is located:** United States of America

**Purpose of the data transfer:** Email Marketing/Newsletter

**Country or state in which this service provider is located:** United States of America

**Purpose of the data transfer:** Statistics/Analytics

**Country or state in which this service provider is located:** United States of America

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## Disclosure practices

We disclose personal information if we are required by law or by a court order, in response to a law enforcement agency, to the extent permitted under other provisions of law, to provide information, or for an investigation on a matter related to public safety.

If our website or organisation is taken over, sold, or involved in a merger or acquisition, your details may be disclosed to our advisers and any prospective purchasers and will be passed on to the new owners.

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## How we respond to Do Not Track signals & Global Privacy Control

Our website responds to and supports the Do Not Track (DNT) header request field. If you turn DNT on in your browser, those preferences are communicated to us in the HTTP request header, and we will not track your browsing behavior.

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## Cookies

Our website uses cookies. For more information about cookies, please refer to our Cookie Policy on our Opt-out preferences webpage.

We have concluded a data processing agreement with Google.

Google may not use the data for any other Google services.

The inclusion of full IP addresses is blocked by us.

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## Security

We are committed to the security of personal data. We take appropriate security measures to limit abuse of and unauthorized access to personal data. This ensures that only the necessary persons have access to your data, that access to the data is protected, and that our security measures are regularly reviewed.

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## **Third-party websites**

This privacy statement does not apply to third-party websites connected by links on our website. We cannot guarantee that these third parties handle your personal data in a reliable or secure manner. We recommend you read the privacy statements of these websites prior to making use of these websites.

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## **Amendments to this privacy statement**

We reserve the right to make amendments to this privacy statement. It is recommended that you consult this privacy statement regularly in order to be aware of any changes. In addition, we will actively inform you wherever possible.

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## Accessing and modifying your data

If you have any questions or want to know which personal data we have about you, please contact us. Please make sure to always clearly state who you are, so that we can be certain that we do not modify or delete any data of the wrong person. We shall provide the requested information only upon receipt of a verifiable consumer request. You can contact us by using the information below. You have the following rights:

### 9.1 You have the following rights with respect to your personal data

1. You may submit a request for access to the data we process about you.
2. You may object to the processing.
3. You may request an overview, in a commonly used format, of the data we process about you.
4. You may request correction or deletion of the data if it is incorrect or not or no longer relevant, or to ask to restrict the processing of the data.
5. You may appeal our decision whenever we refuse to take action on a request and submit a complaint with the competent authority if your appeal is denied.

### 9.2 Supplements

This section, which supplements the rest of this Privacy Statement, applies to citizens and legal permanent residents of California (CPRA), Colorado (CPA), Connecticut (CTDPA), Delaware (PDPA), Indiana (ICDPA), Iowa (CDPA), Kentucky (KCDPA), Maryland (MODPA), Minnesota (MCDPA), Montana (MCDPA), Nebraska (DPA), Nevada (NRS 603A), New Hampshire (DPA), New Jersey (DPL), Oregon (OCPA), Rhode Island (DTPPA), Tennessee (TIPA), Texas (TDPSA), Utah (UCPA) and Virginia (CDPA)

## California

### **Right to know what personal information is being collected about you**

A consumer shall have the right to request that a business that collects personal information about the consumer disclose to the consumer the following:

1. The categories of personal information it has collected about that consumer.
2. The categories of sources from which the personal information is collected.
3. The business or commercial purpose for collecting or selling personal information.
4. The categories of third parties with whom the business shares personal information.
5. The specific pieces of personal information it has collected about that consumer.

### **The right to know whether personal information is sold or disclosed and to whom**

A consumer shall have the right to request that a business that sells the consumer's personal information, or that discloses it for a business purpose, disclose to that consumer:

1. The categories of personal information that the business collected about the consumer.
2. The categories of personal information that the business sold about the consumer and the categories of third parties to whom the personal information was sold, by category or categories of personal information for each third party to whom the personal information was sold.
3. The categories of personal information that the business disclosed about the consumer for a business purpose.

### **The Right to equal service and price, even if you exercise your privacy rights**

A consumer shall have the right to request that a business delete any personal information about the consumer which the business has collected from the consumer.

A business that receives a verifiable request from a consumer to delete the consumer's personal information pursuant to subdivision (a) of this section shall delete the consumer's personal information from its records and direct any service providers to delete the consumer's personal information from their records.

A business or a service provider shall not be required to comply with a consumer's request to delete the consumer's personal information if it is necessary for the business or service provider to maintain the consumer's personal information in order to:

1. Complete the transaction for which the personal information was collected, provide a good or service requested by the consumer, or reasonably anticipated within the context of a business's ongoing business relationship with the consumer, or otherwise perform a contract between the business and the consumer.
2. Detect security incidents, protect against malicious, deceptive, fraudulent, or illegal activity; or prosecute those responsible for that activity.
3. Debug to identify and repair errors that impair existing intended functionality.
4. Exercise free speech, ensure the right of another consumer to exercise his or her right of free speech, or exercise another right provided for by law.
5. Comply with the California Electronic Communications Privacy Act pursuant to Chapter 3.6 (commencing with Section 1546) of Title 12 of Part 2 of the Penal Code.
6. Engage in public or peer-reviewed scientific, historical, or statistical research in the public interest that adheres to all other applicable ethics and privacy laws, when the businesses' deletion of the information is likely to render impossible or seriously impair the achievement of such research, if the consumer has provided informed consent.
7. Exercise free speech, ensure the right of another consumer to exercise his or her right of free speech, or exercise another right provided for by law.
8. To enable solely internal uses that are reasonably aligned with the expectations of the consumer based on the consumer's relationship with the business.
9. Comply with a legal obligation.

10. Otherwise use the consumer's personal information, internally, in a lawful manner that is compatible with the context in which the consumer provided the information.

### **Right to opt-out**

You may submit a request directing us not to make certain disclosures of personal information we maintain about you. For more information about the possibility of submitting an opt-out request, please refer to our Opt-out preferences page.

### **Financial incentives**

#### **Selling of personal data to third parties**

We have not sold consumers' personal data in the preceding 12 months

- Internet activity information, including, but not limited to, browsing history, search history, and information regarding a consumer's interaction with an Internet Web site, application, or advertisement
- A first and last name
- An email address
- A telephone number
- IP Address
- Geolocation data
- Professional or employment-related information
- Commercial information, including records of personal property, products or services purchased, obtained, or considered

We have not disclosed consumers' personal information for a business purpose in the preceding 12 months.

- Internet activity information, including, but not limited to, browsing history, search history, and information regarding a consumer's interaction with an Internet Web site, application, or advertisement
- A first and last name
- An email address
- A telephone number
- IP Address
- Geolocation data
- Professional or employment-related information
- Commercial information, including records of personal property, products or services purchased, obtained, or considered

## **Colorado**

### **Right to Data Portability**

When exercising the right to Access personal data , you have the right to obtain the personal data in a portable and, to the extent technically feasible, readily usable format that allows you to transmit the data to another entity without hindrance. You may exercise this right no more than two times per calendar year.

### **Right to opt-out**

You may submit a request directing us not to make certain disclosures of personal information we maintain about you.

Under Colorado law this concerns the following purposes:

1. targeted advertising;
2. the sale of personal data; or
3. profiling in furtherance of decisions that produce legal or similarly significant effects concerning a consumer.

For more information about the possibility of submitting an opt-out request, please refer to our [Opt-out preferences page](#).

## **Connecticut**

### **Right to Data Portability**

When exercising the right to Access personal data , you have the right to obtain the personal data in a portable and, to the extent technically feasible, readily usable format that allows you to transmit the data to another entity without hindrance.

We are not required to reveal any trade secret.

### **Right to opt-out**

You may submit a request directing us not to make certain disclosures of personal information we maintain about you.

Under the CTDPA this concerns the following purposes:

1. targeted advertising; or
2. the sale of personal data; or
3. profiling in furtherance of decisions that produce legal or similarly significant effects concerning a consumer.

For more information about the possibility of submitting an opt-out request, please refer to our [Opt-out preferences page](#).

## **Delaware**

### **Right to Data Portability**

When exercising the right to Access personal data, you have the right to obtain the personal data in a portable and, to the extent technically feasible, readily usable format that allows you to transmit the data to another entity without hindrance. You may exercise this right for free no more than once per calendar year.

### **Right to opt-out**

You may submit a request directing us not to make certain disclosures of personal information we maintain about you.

Under the PDPA this concerns the following purposes:

1. targeted advertising;
2. the sale of personal data; or
3. profiling in furtherance of decisions that produce legal or similarly significant effects concerning a consumer.

For more information about the possibility of submitting an opt-out request, please refer to our Opt-out preferences page.

Right to obtain a list of third parties to whom the controller has disclosed the consumer's personal data.

## **Indiana**

### **Right to Data Portability**

When exercising the right to Access personal data , you have the right to obtain the personal data in a portable and, to the extent technically feasible, readily usable format that allows you to transmit the data to another entity without hindrance. You may exercise this right no more than two times per calendar year.

### **Right to opt-out**

You may submit a request directing us not to make certain disclosures of personal information we maintain about you.

Under the ICDPA this concerns the following purposes:

1. targeted advertising;
2. the sale of personal data; or
3. profiling in furtherance of decisions that produce legal or similarly significant effects concerning a consumer; or
4. the processing of sensitive data.

For more information about the possibility of submitting an opt-out request, please refer to our Opt-out preferences page.

## **Iowa**

### **Right to Data Portability**

When exercising the right to Access personal data, you have the right to obtain the personal data in a portable and, to the extent technically practicable, readily usable format that allows you to transmit the data to another entity without hindrance. You may exercise this right for free no more than two times per calendar year.

### **Right to opt-out**

You may submit a request directing us not to make certain disclosures of personal information we maintain about you.

Under the CDPA this concerns the following purposes:

1. targeted advertising;
2. the sale of personal data; or
3. the processing of sensitive data.

For more information about the possibility of submitting an opt-out request, please refer to our [Opt-out preferences page](#).

## **Kentucky**

### **Right to Data Portability**

When exercising the right to Access personal data , you have the right to obtain the personal data in a portable and, to the extent technically feasible, readily usable format that allows you to transmit the data to another entity without hindrance. You may exercise this right no more than two times per calendar year.

### **Right to opt-out**

You may submit a request directing us not to make certain disclosures of personal information we maintain about you.

Under the KCDPA this concerns the following purposes:

1. targeted advertising;
2. the sale of personal data; or
3. profiling in furtherance of decisions that produce legal or similarly significant effects concerning a consumer; or
4. the processing of sensitive data.

For more information about the possibility of submitting an opt-out request, please refer to our [Opt-out preferences page](#).

## **Maryland**

### **Right to Data Portability**

When exercising the right to Access personal data , you have the right to obtain the personal data in a portable and, to the extent technically feasible, readily usable format that allows you to transmit the data to another entity without hindrance. You may exercise this right no more than two times per calendar year.

### **Right to opt-out**

You may submit a request directing us not to make certain disclosures of personal information we maintain about you.

Under the MODPA this concerns the following purposes:

1. targeted advertising;
2. the sale of personal data; or
3. profiling in furtherance of decisions that produce legal or similarly significant effects concerning a consumer; or
4. the processing of sensitive data.

For more information about the possibility of submitting an opt-out request, please refer to our [Opt-out preferences page](#).

## **Minnesota**

### **Right to Data Portability**

When exercising the right to Access personal data , you have the right to obtain the personal data in a portable and, to the extent technically feasible, readily usable format that allows you to transmit the data to another entity without hindrance. You may exercise this right no more than two times per calendar year.

### **Right to opt-out**

You may submit a request directing us not to make certain disclosures of personal information we maintain about you.

Under the MCDPA this concerns the following purposes:

1. targeted advertising;
2. the sale of personal data; or
3. profiling in furtherance of decisions that produce legal or similarly significant effects concerning a consumer; or
4. the processing of sensitive data.

You have the following specific rights related to profiling:

- The right to challenge the outcome of the profiling.
- The right to be informed, where feasible, of the reasons behind the decision resulting from the profiling.
- The right to know what actions you could have taken to obtain a different outcome, and what actions you can take in the future to do so.
- The right to review the personal data used in the profiling process.
- The right to have any inaccurate data corrected and the profiling decision reassessed based on the updated information.

For more information about the possibility of submitting an opt-out request, please refer to our [Opt-out preferences page](#).

## **Montana**

### **Right to Data Portability**

When exercising the right to Access personal data , you have the right to obtain the personal data in a portable and, to the extent technically feasible, readily usable format that allows you to transmit the data to another entity without hindrance.

We are not required to reveal any trade secret.

### **Right to opt-out**

You may submit a request directing us not to make certain disclosures of personal information we maintain about you.

Under the MCDPA this concerns the following purposes:

1. targeted advertising; or
2. the sale of personal data; or
3. profiling in furtherance of decisions that produce legal or similarly significant effects concerning a consumer.

For more information about the possibility of submitting an opt-out request, please refer to our [Opt-out preferences page](#).

## **Nebraska**

### **Right to Data Portability**

When exercising the right to Access personal data, you have the right to obtain the personal data in a portable and, to the extent technically feasible, readily usable format that allows you to transmit the data to another entity without hindrance. You may exercise this right for free no more than two times per calendar year.

### **Right to opt-out**

You may submit a request directing us not to make certain disclosures of personal information we maintain about you.

Under the DPA this concerns the following purposes:

1. targeted advertising;
2. the sale of personal data; or
3. profiling in furtherance of decisions that produce legal or similarly significant effects concerning a consumer.

For more information about the possibility of submitting an opt-out request, please refer to our [Opt-out preferences page](#).

## **Nevada**

### **Right to opt-out**

You may submit a request directing us not to make certain disclosures of personal information we maintain about you.

Under the Nevada Privacy Law, this concerns the sale of personal data.

For more information about the possibility of submitting an opt-out request, please refer to our [Opt-out preferences page](#).

## **New Hampshire**

### **Right to Data Portability**

When exercising the right to Access personal data, you have the right to obtain the personal data in a portable and, to the extent technically feasible, readily usable format that allows you to transmit the data to another entity without hindrance. You may exercise this right for free no more than once per calendar year.

### **Right to opt-out**

You may submit a request directing us not to make certain disclosures of personal information we maintain about you.

Under the DPA this concerns the following purposes:

1. targeted advertising; or
2. the sale of personal data; or
3. profiling in furtherance of solely automated decisions that produce legal or similarly significant effects concerning a consumer.

For more information about the possibility of submitting an opt-out request, please refer to our [Opt-out preferences page](#).

## **New Jersey**

### **Right to Data Portability**

When exercising the right to Access personal data, you have the right to obtain the personal data in a portable and, to the extent technically feasible, readily usable format that allows you to transmit the data to another entity without hindrance. You may exercise this right for free no more than once per calendar year.

### **Right to opt-out**

You may submit a request directing us not to make certain disclosures of personal information we maintain about you.

Under the DPL this concerns the following purposes:

1. targeted advertising; or
2. the sale of personal data; or
3. profiling in furtherance of decisions that produce legal or similarly significant effects concerning a consumer.

For more information about the possibility of submitting an opt-out request, please refer to our [Opt-out preferences page](#).

## **Oregon**

### **Right to Data Portability**

When exercising the right to Access personal data , you have the right to obtain the personal data in a portable and, to the extent technically feasible, readily usable format that allows you to transmit the data to another entity without hindrance.

We are not required to reveal any trade secret.

### **Right to opt-out**

You may submit a request directing us not to make certain disclosures of personal information we maintain about you.

Under the OCPA this concerns the following purposes:

1. targeted advertising; or
2. the sale of personal data; or
3. profiling in furtherance of decisions that produce legal or similarly significant effects concerning a consumer.

For more information about the possibility of submitting an opt-out request, please refer to our [Opt-out preferences page](#).

## **Rhode Island**

### **Right to Data Portability**

When exercising the right to Access personal data , you have the right to obtain the personal data in a portable and, to the extent technically feasible, readily usable format that allows you to transmit the data to another entity without hindrance. You may exercise this right no more than two times per calendar year.

### **Right to opt-out**

You may submit a request directing us not to make certain disclosures of personal information we maintain about you.

Under the DTPPA this concerns the following purposes:

1. targeted advertising;
2. the sale of personal data; or
3. profiling in furtherance of decisions that produce legal or similarly significant effects concerning a consumer; or
4. the processing of sensitive data.

For more information about the possibility of submitting an opt-out request, please refer to our [Opt-out preferences page](#).

## **Tennessee**

### **Right to Data Portability**

When exercising the right to Access personal data , you have the right to obtain the personal data in a portable and, to the extent technically feasible, readily usable format that allows you to transmit the data to another entity without hindrance. You may exercise this right no more than two times per calendar year.

### **Right to opt-out**

You may submit a request directing us not to make certain disclosures of personal information we maintain about you.

Under the TIPA this concerns the following purposes:

1. targeted advertising;
2. the sale of personal data; or
3. profiling in furtherance of decisions that produce legal or similarly significant effects concerning a consumer; or
4. the processing of sensitive data.

For more information about the possibility of submitting an opt-out request, please refer to our [Opt-out preferences page](#).

## **Texas**

### **Right to Data Portability**

When exercising the right to Access personal data , you have the right to obtain the personal data in a portable and, to the extent technically feasible, readily usable format that allows you to transmit the data to another entity without hindrance.

We are not required to reveal any trade secret.

### **Right to opt-out**

You may submit a request directing us not to make certain disclosures of personal information we maintain about you.

Under the TDPSA this concerns the following purposes:

1. targeted advertising; or
2. the sale of personal data; or
3. profiling in furtherance of decisions that produce legal or similarly significant effects concerning a consumer.

For more information about the possibility of submitting an opt-out request, please refer to our [Opt-out preferences page](#).

## **Utah**

### **Right to Data Portability**

When exercising the right to Access personal data, you have the right to obtain the personal data that you previously provided to us as a controller in a portable and, to the extent technically feasible, readily usable format that allows you to transmit the data to another entity without hindrance.

### **Right to opt-out**

You may submit a request directing us not to make certain disclosures of personal information we maintain about you.

Under the UCPA this concerns the following purposes:

1. targeted advertising; or
2. the sale of personal data.

For more information about the possibility of submitting an opt-out request, please refer to our [Opt-out preferences page](#).

## Virginia

### Right to Data Portability

When exercising the right to Access personal data , you have the right to obtain the personal data in a portable and, to the extent technically feasible, readily usable format that allows you to transmit the data to another entity without hindrance. You may exercise this right no more than two times per calendar year.

### Right to opt-out

You may submit a request directing us not to make certain disclosures of personal information we maintain about you.

Under the CDPA this concerns the following purposes:

1. targeted advertising;
2. the sale of personal data; or
3. profiling in furtherance of decisions that produce legal or similarly significant effects concerning a consumer.

For more information about the possibility of submitting an opt-out request, please refer to our Opt-out preferences page.

## SECTION 10

### Children

Our website is not designed to attract children and it is not our intent to collect personal data from children under the age of consent in their country of residence. We therefore request that children under the age of consent do not submit any personal data to us.

## SECTION 11

### Contact details

Helena Bianchi Vibrant Health Strategies INC.

5821 Marine Way Suite 1012, Burnaby, BC V5J 0A6, Canada

Website: <https://helenabianchi.com>

Email: [helena@bianchivitality.com](mailto:helena@bianchivitality.com)

## Data Requests

For the most frequently submitted requests, we also offer you the possibility to use our data request form

Please send your request to: [helena@bianchivitality.com](mailto:helena@bianchivitality.com)

- Submit a request for access to the data we process about you.
  - Submit a request for deletion of the data if it is no longer relevant.
  - Submit a request to receive an export file of the data we process about you.
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## **Solid Central**

### **Where we send your data**

This web site uses a third party service to manage administrative tasks. If you leave a comment, submit personal information via a contact form, or otherwise exchange personal details with us, it is possible that we may use this service to manage that data. Please visit the SolidWP Privacy Policy for more information regarding the way they handle their data.

## **Solid Security**

### **What personal data we collect and why we collect it**

#### **Cookies**

Magic links create a temporary cookie named "itsec-ml-lockout-bypass" that enables users to log in through a link sent to their email. This cookie references session data containing the user's ID and IP address. It automatically expires after 30 minutes.

A cookie named "itsec\_interstitial\_browser" is created to track a user's login process to implement enhanced security features.

#### **Security Logs**

The IP address of visitors, user ID of logged in users, and username of login attempts are conditionally logged to check for malicious activity and to protect the site from specific kinds of attacks. Examples of conditions when logging occurs include login attempts, log out requests, requests for suspicious URLs, changes to site content, and password updates. This information is retained for 60 days.

### **Who we share your data with**

A QR code image is generated for users that set up two-factor authentication for this site. This image is generated using a SolidWP-hosted API. In the process of generating this image, your username is sent to the API. This data is not logged. For privacy policy details, please see the SolidWP Privacy Policy.

When running Security Check, solidwp.com will be contacted as part of a process to determine if the site supports TLS/SSL requests. No personal data is sent to solidwp.com as part of this process. Requests to solidwp.com include the site's URL. For solidwp.com privacy policy details, please see the SolidWP Privacy Policy.

This site is scanned for potential malware and vulnerabilities by the SolidWP Site Scanner. We do not send personal information to the scanner; however, the scanner could find personal information posted publicly (such as in comments) during the scan.

In order to ensure file integrity, Solid Security pulls data from wordpress.org, solidwp.com, ithemes.com and amazonaws.com. No personal data is sent to these sites. Requests to wordpress.org include the WordPress version, the site's locale, a list of installed plugins, and a list of each plugin's version. Requests to solidwp.com and amazonaws.com include the installed SolidWP products and their versions. For wordpress.org privacy policy details, please see the WordPress Privacy Policy. For solidwp.com privacy policy details, please see the SolidWP Privacy Policy. Requests to amazonaws.com are to retrieve content added and managed by SolidWP which is covered by the Amazon Web Services Data Privacy policy.

### **How long we retain your data**

Security logs are retained for 60 days.

